

July 2023

Sun

Mon

Tue

Wed

Thu

Fri

Sat

						1
2	<p>3 Books for Breakfast 9:30-11am</p> <p>7:30-8:30pm Fitness Class</p> <p>Kids Boxing 4-5pm</p>	<p>4</p> <p>Teen Boxing 5-6pm</p> <p>Youth Swim 7-8:15pm</p>	<p>5</p> <p>6:00-7:00am Fitness Class</p> <p>7:30-8:30pm Fitness Class</p>	<p>6</p> <p>Teen Boxing 5-6pm</p>	<p>7</p> <p>Yoga 12:00pm-1:00pm</p> <p>6:00-7:00am Fitness Class</p>	8
9	<p>10</p> <p>7:30-8:30pm Fitness Class</p> <p>Kids Boxing 4-5pm</p>	<p>11</p> <p>Teen Boxing 5-6pm</p> <p>Youth Swim 7-8:15pm</p>	<p>12</p> <p>6:00-7:00am Fitness Class</p> <p>7:30-8:30pm Fitness Class</p>	<p>13</p> <p>Teen Boxing 5-6pm</p>	<p>14</p> <p>Yoga 12:00pm-1:00pm</p> <p>6:00-7:00am Fitness Class</p>	15
16	<p>17</p> <p>7:30-8:30pm Fitness Class</p> <p>Kids Boxing 4-5pm</p>	<p>18</p> <p>Teen Boxing 5-6pm</p> <p>Youth Swim 7-8:15pm</p>	<p>19</p> <p>6:00-7:00am Fitness Class</p> <p>7:30-8:30pm Fitness Class</p>	<p>20</p> <p>Teen Boxing 5-6pm</p>	<p>21</p> <p>Yoga 12:00pm-1:00pm</p> <p>6:00-7:00am Fitness Class</p>	22
23	<p>24</p> <p>7:30-8:30pm Fitness Class</p> <p>Kids Boxing 4-5pm</p>	<p>25</p> <p>Teen Boxing 5-6pm</p> <p>Youth Swim 7-8:15pm</p>	<p>26</p> <p>6:00-7:00am Fitness Class</p> <p>7:30-8:30pm Fitness Class</p>	<p>27</p> <p>Teen Boxing 5-6pm</p>	<p>28</p> <p>Yoga 12:00pm-1:00pm</p> <p>6:00-7:00am Fitness Class</p>	29