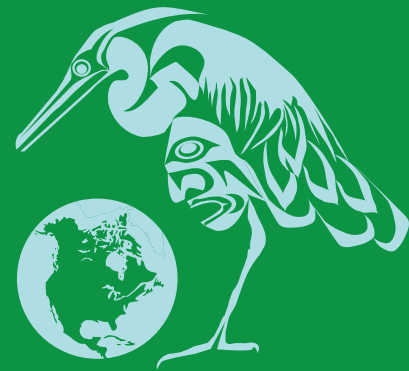


T'Sou-ke Nation Smart Energy Group



Providing Environmental Education to Southern Vancouver Island Since 10,000 BCE

WHO ARE WE? We are a T'Sou-ke Nation community based environmental group.

The T'Sou-ke Smart Energy Group (T'SEG) has been created with the purpose of educating the T'Sou-ke community about the importance of low impact sustainable energy, through the use of culture, traditional values and historical means of communication.

The T'SEG will raise awareness on subjects such as energy saving initiatives, protecting the environment, saving money by energy reduction, and damages caused by excessive energy consumption. T'SEG plans to raise awareness to the T'Sou-ke community as well as others interested in learning from a First Nations perspective.

This project will be community driven with various educational materials created for different levels of learning and ages, from youth to elders. The educational materials will be designed by T'Sou-ke Nation members.

The members of T'SEG include Taisy Lloyd, Angie Bristol, Tyler Finnie and Mark Gauti; with support from T'Sou-ke Nation communications department.

The connection of Coast Salish culture to environmental education to T'Sou-ke Nation will be accomplished through several steps. These steps will include research and educational material design as well as running different awareness programs. These steps will lead to a traditional community event, focusing on Coast Salish traditions by incorporating storytelling with an environmental theme.



OUR VISION

T'Sou-ke Smart Energy Group, based on values and roots of our history and culture are inspiring our nation and the wider community to:

**Create a greener future for generations to come
Adapt lessons of the past and present
Lead a return to a sustainable community**

HOW TO CONTACT US

We are located in the Fisheries office; feel free to come visit us!

Phone: 250-642-3957 Fax: 250-642-7808

Email: tsoukesmartenergygroup@gmail.com

Save paper and join the E-newsletter by sending an email to above address. Subject: join e-newsletter

Facebook: Search "T'Sou-ke Smart Energy Group" or send us an email for the link!

T'Sou-ke Smart Energy Group Challenge

Here's how it works! In order to reduce your energy consumption by 10% we have outlined areas you can focus on below.

Please select a minimum of 10 choices in order to complete the challenge

Space and Water Heating

- Install a solar hot water panel
- Wrap your water heater in an insulation blanket
- Do your laundry in cold water & hang dry your clothes
- Do not let your water run when it is not necessary (e.g. Brushing teeth)
- Only run laundry and dishwasher loads when full
- Install low flow shower heads and faucets
- Replace incandescent light bulbs with compact fluorescent light bulbs

Lighting, Appliances, and Electronics

- Turn the lights OFF when not in use
- Change your light bulbs to energy saving compact fluorescent light bulbs
- Use Energy Star Appliances. When investing in electronics and appliances look for the energy star!
- Turn off your computer when you are not using it
- Avoid phantom power! Use a power bar and turn off at night, unplug power cords when device not in use
- Be 'oven smart' avoid pre-heating and peeking into your oven when cooking

Vehicle Emissions

- Turn off your vehicles instead of idling for periods longer than 10 seconds
- Recycle your vehicle if older than 1995 through the scrap-it program, and upgrade to a more energy efficient vehicle
- Join a car sharing co-op or public transit
- Maintain proper tire inflation for your car; check your tires weekly
- Drive below 90 km per hour
- Avoid letting your engine run / warming up your car
- Keep your vehicle properly maintained; a poorly maintained vehicle consumes up to 40 per cent more fuel and emits many more pollutants

Recycling & Composting

- Recycle your paper, cans, bottles in the blue bin
- Buy products that are recyclable and/or made out of recycled products
- Avoid buying disposable products like paper, plastic, and styrofoam cups and utensils; Invest in reusable water bottles and travel mugs
- Eliminate use of plastic bags and switch to reusable shopping bags
- Avoid disposing of reusable items; donate to a charity!
- Start a compost in your yard
- Save paper, sign up for your bills online